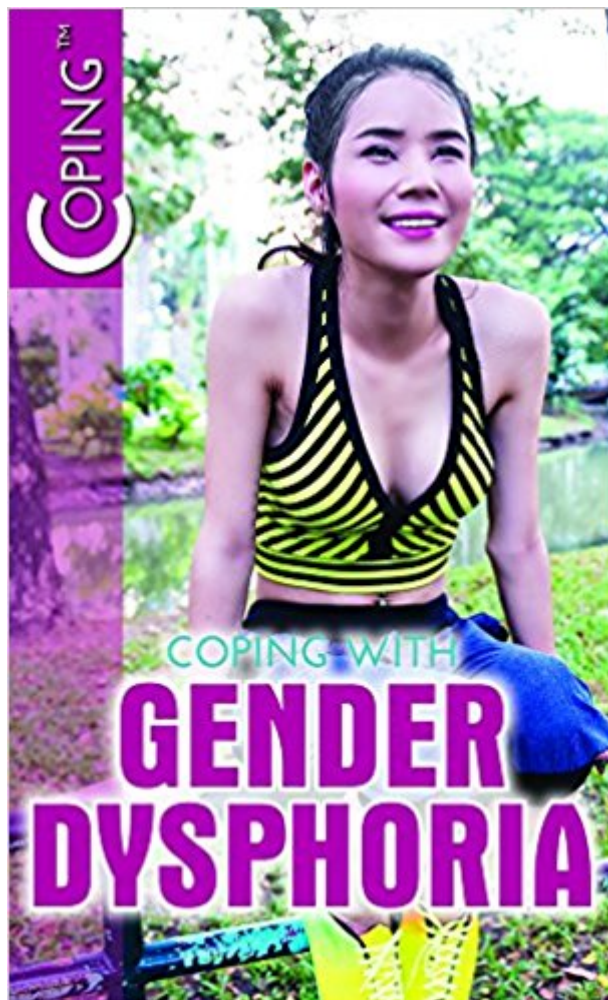




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# Coping With Gender Dysphoria



## Synopsis

For transgender youth, the process of exploring gender can be exciting, but also difficult and painful. This book discusses the challenges of living with gender dysphoria, offering young adult readers resources and strategies for coping in different contexts: at home, at school, out in public, and in seeking medical care. Each chapter defines relevant terms, shares relatable anecdotes, and features easy-to-read informational sidebars, addressing the experiences and needs of youth with a variety of gender identities and social locations. Beyond merely helping them deal with transphobia, this book offers transgender teens support and advice for navigating life and thriving.

## Book Information

Series: Coping

Library Binding: 112 pages

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Product Dimensions: 6.6 x 0.4 x 9.2 inches

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Age Range: 12 - 17 years

Grade Level: 7 - 12

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